SANTA CLARA P. A. L.

WRESTLING

BOYS & GIRLS: Learn the fundamentals of High School and Olympic Freestyle Wrestling. Sign up for this program sponsored by the Santa Clara Police Activities League, which is open to all residents of the City of Santa Clara and/or students of the Santa Clara Unified school district, ages 5-17.


TO BE HELD: Wilcox High School - Wrestling Room
3250 Monroe Street
Santa Clara, CA 95051

WHEN: Monday evenings (ages 5-10), starting March 9 through April 6, 2015.
Mondays & Wednesday evenings (ages 11-17), starting March 9 through May 18, 2015

TIME: Mondays: Ages 5 to 10 - 5:00 PM to 6:30 PM for 6 wks.
Mon. & Wed.: Ages 11 to 17 - 6:45 PM to 8:00 PM for 12 wks.

SIGN UPS AT: Santa Clara P.A.L. Office - Santa Clara Police Station
601 El Camino Real, 1st Floor
Santa Clara, CA 95050

Monday through Friday 1:00PM - 5:00PM; santaclarapal.org

CONTACT: The PAL Office at (408) 615-4880; mail-in, email or fax: 408.984.1407

REGISTRATION FEES: $35.00 includes Santa Clara P.A.L. T-shirt, lessons, insurance and administration fee. We accept cash, checks and MC/VISA/Discover.

NO REFUNDS!

(OVER)
SANTA CLARA POLICE ACTIVITIES LEAGUE

P.A.L. JUDO CLUB 2015

BOYS, GIRLS & Adults too:
Learn the fundamentals of Judo. Will be taking sign ups for a beginning Judo class. The classes will run for six weeks on Thursday nights. All ages are welcome.

COACH:
Keith Watanabe

TO BE HELD:
Cabrillo Middle School Cafeteria
2550 Cabrillo Ave
Santa Clara CA 95051

WHEN:
Thursday evenings March 5 through April 30, 2015.
No class on March 12th & April 2nd.

TIME
Starts on time at 6:30 P.M. Class ends at 7:30 P.M. For students age 5 years and older. Please arrive no later than 6:25 p.m. for class.

SIGN-UPS:
Santa Clara PAL Office window hours: 1-5 p.m. before Mar. 7th preferably at: c/o SCPD
601 El Camino Real
Santa Clara CA 95050

CONTACTS:
The P.A.L. office (408) 615-4880 or Keith Watanabe (408) 278-5627.

ATTIRE:
Loose clothing such as sweat suits or GI if you have one. You may also purchase a GI with the instructor.

REGISTRATION FEES:
$35 for the six-week session. (Scholarships are available)

MB-SH-OK-11/16/15